

# **Colorado Short Course 14 & Under Silver State**

**DATE:** February 26, 27, & 28, 2010

**SANCTION:** Held under sanction of Colorado Swimming, Inc. of USA Swimming # 2010-027

**LOCATION:** University of Denver, Coors Fitness Center  
I-25 and University Blvd.,  
2201 E. Asbury, Denver, CO 80208

**FACILITIES:** Elevation 5320 ft; Seventeen lane; 25 yard by eight lane 50-meter indoor pool. Dependent upon number of entrants, the meet may run in a one 10 lane, 25 yard course, or in two courses, Course A=8 lane, 25 yard, Course B= maybe 5, 6, or 7 25 yard, with non-turbulent markers. Continuous warm-up/down lanes will be available in both circumstances. The competition course has not been certified in accordance with 104.2.2C (4).

**TIMING:** Colorado Timing System with touch pads and display board

**SCHEDULE:** Friday, Saturday & Sunday 10-U, 11-12, 13-14

**Warm-Up 7:45 am Meet Start: 9:10 am**

**ELIGIBILITY:**

All athletes **must** hold a 2010 USA Swimming membership card issued by Colorado Swimming, Inc. Swimmers who are within the 120-day transfer rule must swim UNATTACHED. Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show their current card or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply. Exception report will be posted on the CSI web page after the entry deadline, at [csi.org](http://csi.org).

**SCORING:** There will be no scoring.

**AWARDS:** Individual: Medals 1-8 Ribbons 9-16

**SEEDING PROCEDURE & SCRATCH RULES:**

The meet shall be pre-seeded. Swimmers must report to the assigned heat and lane if they intend to swim the event.

**RULES:**

1. Current 2010 USA Swimming Rules & Regulation will govern the meet.
2. Age as of the first day of the meet will determine the swimmer's age group for competition. February 26, 2010.
3. **Submit entry times according to the time swam – DO NOT SUBMIT CONVERTED TIME, e.g., if the Q time was done in long course meters submit the long course time.**
4. No exhibition swimming is allowed.
5. All events are timed final events. All entries must be legible with name of swimmer, event and description with the entry time. A "blank space" or NT will not be accepted. No refunds will be given for incorrect entries.
6. The meet is pre-seeded; please notify the Clerk of Course of scratches only. Swimmers shall report promptly to the blocks prior to the start of each race in which they are entered. Any swimmers not reporting for or competing in an individual timed final event shall not be penalized.

7. This is a qualifying meet. All entry times will be verified with the CSI time's database before the swimmer will be allowed to swim that event. No qualifying times will be accepted unless meet results are in the CSI proof of time database or times can be verified through SWIMS. A no proof of times report will be posted on the CSI web page after the entry deadline at csi.org. Team Entry Chair or coaches will then have 48 hours to correct or provide proof of time. Times must have been achieved between February 27, 2009 and February 17, 2010. **NOTE: Submit entry times according to the time swam - NO CONVERSIONS Non-conforming times will be seeded last.**

If a swimmer has a proof of time and it is not in the CSI data base hard copy proof must be submitted with the entry.

8. The MEET REFEREE will have the final authority on all swimming procedures of the meet.

9. Colorado Swimming, Inc. procedures for warm-up will be observed.

10. At the Referee's discretion, individual events may be combined by age, sex and/or distance.

11. The USA Swimming National Start will be used. This meet will enforce timely reporting to the block area and responding promptly to signals and commands as follows: When the swimmers and officials are ready, the Referee shall signal with an out stretched arm to the starter that the swimmers are under the Starter control (101.1.2B). Swimmers stepping up late after the Referee has signaled with an outstretch arm releasing the field to the Starter "may," at the discretion of the referee, be barred from competing in that event. It is the responsibility of every swimmer and coach to ensure that they report to the starting area in a timely fashion and respond to all signals and commands of the meet officials promptly. If you miss your event for whatever reason you will **NOT** be allowed to swim that event.

12. All coaches and uniformed officials must display their USA Swimming /CSI cards when on deck. Current certification is mandatory. Coaches that are in non-compliance will not be allowed on deck.

13. Participating teams will be assigned lanes for timing and are expected to provide the timer(s) for the duration of the assignment.

#### **DISTANCE EVENTS:**

1. The distance events 400 IM/500 Free will be deck seeded by positive check in on the day the event will be swam. The swimmer or their coach must check in at the clerk of course by 9:00 am on the day of the event.

2. 500 SWIMMERS MUST PROVIDE THEIR OWN TIMERS (2) AND COUNTER. 400 IM SWIMMERS MUST PROVIDE THEIR OWN TIMER.

**ENTRIES:** Swimmers may enter three (3) individual events per day, with a maximum of seven (7) events in the meet.

#### **ENTRY FEES:**

\$5.00 for each individual event. (\$1.00 of each individual event will go to the CSI Support Fund)  
Pool Surcharge: \$ 5.00 per swimmer.

**Make one check payable to: COLORADO SWIMMING, INC.**

## ENTRY PROCEDURES:

Entries may be sent using HY-TEK MEET MANAGER DISK and/or COMMLINK FILE on a 3.5-inch disk or email in USA Swimming SDIFv3 complete with all required information (name, team, USA number, time, age, and event number). Also be sure to include a hard copy printout of the team entry report and team roster report in duplicate. CLUBS ARE RESPONSIBLE FOR THE INTEGRITY OF THEIR DISK!

IF YOU DO **NOT** USE THE HY-TEK ENTRY FORMAT all entries must be on CSI master entry sheets. These sheets must include the swimmer's name, age, correct USA#, approved team code, event #, and entry time. "N.T." and incorrect entries will be rejected! A separate master sheet for EACH age group and sex is required with swimmers listed alphabetically. These sheets are to be sent in duplicate to the Entry Chairman, as listed below.

All entries must include preparer's name, phone number; coach's name, phone number, and address for results. All entries must be sent to entry chairman, do not send to the pool.

**N.T., INCORRECT ENTRIES, AND ENTRIES WITHOUT EXISTING PROOF OF TIME WILL BE REJECTED 48 HOURS AFTER THE ENTRY DEADLINE IF NO CORRECTION IS MADE**

**Colorado Meet Verification Forms and checklists must accompany all entries.**

## ENTRY DEADLINE:

The entry chairman must receive hand delivered or mailed entries including checks and hard copies by Wednesday **February 17<sup>th</sup> at 6:00 pm.** **Note: Monday is a holiday post offices will not be open.** Overnight mail or guaranteed next day delivery is acceptable if agent guarantees next day delivery to satisfy meet deadline.)

**NO LATE ENTRIES ACCEPTED AFTER ENTRY DEADLINE. NO DECK ENTRIES.**

**EXCEPTION:** Only those swimmers achieving a qualifying time at the last chance meets the weekend after the deadline. This is only for those swimmers that had not previously qualified in that event. No previous times will be adjusted. The Meet Director will be collecting entries and fees and forwarding to the entry chair.

**Entries will be posted on the Colorado Swimming web page at [csi.org](http://csi.org). The team coach and/or entry chairperson will then have 48 hours from the time of posting to make corrections. All incorrect entries will be deleted from the meet after that time.**

## Corrections should be made as follows:

Entry corrections should be sent to: Doug Kreuk [meetentries@msn.com](mailto:meetentries@msn.com)  
Proof of time corrections should be sent to: Linda Seckinger [LSeckinger@aol.com](mailto:LSeckinger@aol.com)  
Registration corrections should be sent to: Janet Kralik [j.kralik@comcast.net](mailto:j.kralik@comcast.net)

## ENTRY CHAIRMAN:

DU Dept of Recreation: Aquatic Room 1923  
c/o Doug Krueck  
2201 E Asbury  
Denver, CO 80208, 303-871-3135  
[meetentries@msn.com](mailto:meetentries@msn.com)

**MEET DIRECTOR:** Kim Sidor

**SAFETY CHAIRMAN:** Carin Orr

**MEET REFEREE:** Mark Maloney [markmaloney@pcisys.net](mailto:markmaloney@pcisys.net) 719-649-9859

Any questions regarding the conduct of this meet should be directed to the meet referee.

### **SAFETY ISSUES:**

With the exception of those lanes specifically identified as dive lanes, **all swimmers must enter warm-up lanes using a 3-point feet-first entry where both feet and one hand must be in contact with the deck or end wall immediately prior to entering the water.** Marshals/Officials/Meet Personnel/Staff who observe swimmers to be in non-compliance will make every effort to contact/warn said swimmer and/or their coach of the improper action. Consequences for non-compliance, if deemed to be repetitive, willful, or deliberately defiant by the observer, **MAY** include removal of the swimmer for the remainder of the session/competition **and/or** a \$500 fine to be paid by the athlete/coach/team/parent prior to said swimmer being allowed to compete in any future Colorado Swimming, Inc. sanctioned competition.

- ❑ All coaches, officials, parents and swimmers should act in a manner to reduce the risk of any accidents.
- ❑ Coaches are to monitor their swimmers during warm-up/meet and are responsible for their safety.
- ❑ No forward dives or backstroke starts into the water during warm-up unless there is one-way swimming & starts with coach supervision.
- ❑ All athletes, visiting coaches and officials are reminded that the swimming venue may have areas where additional care needs to be observed. This includes and is not limited to slippery deck, bleachers and hallways. Proper footwear and caution "may" help reduce these risks.
- ❑ No running or horseplay is allowed and it is the responsibility of the swimmer, coach, officials and parents to monitor these activities.
- ❑ Care should be given not to park in either handicapped or fire lanes as vehicles may be towed at the owner's expense.

### **PROGRAMS AND RESULTS:**

Programs will be available for \$5.00 meet program/heat sheet and the final results will be provided for teams entered in the meet. Individuals wanting final results may place an order during the meet at the awards table, \$4.00 for hard copy, and \$3.00 for disk. Results will be sent back to the clubs via their entry disk; hard copies will be sent upon request only.

### **SPECIAL INFORMATION:**

**NO SMOKING OR ALCOHOL ON THE POOL DECK, IN THE BUILDING, OR ANY AREA FREQUENTED BY SWIMMERS.**

Any damage to pool property will be grounds for dismissal from the remainder of the meet and the offenders will be held liable to the fullest extent, which the law allows.

**SPECTATOR SEATING:** The bleachers are a viewing area only. There will be specific areas designated for extended seating in the adjacent concourse, and/or adjacent gymnasium. This policy is created to allow all spectators the opportunity to watch their children compete, please adhere to it all times.

**SILVER STATE SESSION 1  
FRIDAY'S EVENTS**

Warm-up 7:45 am

Start 9:10 am

Women's	Maximum	Minimum	Event	Maximum	Minimum	Men's
1	1:23.00	1:31.49	<b>10-U 100 Back</b>	1:26.00	1:37.89	2
3	1:11.80	1:18.59	<b>11-12 100 Back</b>	1:14.40	1:24.69	4
5	2:23.80	2:39.49	<b>14-U 200 Back</b>	2:23.10	2:43.19	6
7	2:38.30	2:58.99	<b>10-U 200 Free</b>	2:42.60	3:08.59	8
9	2:16.00	2:29.49	<b>11-12 200 Free</b>	2:19.70	2:39.99	10
11	2:06.10	2:19.69	<b>13-14 200 Free</b>	2:04.60	2:20.69	12
13	:43.70	:47.89	<b>10-U 50 Breast</b>	:45.50	:50.89	14
15	:37.50	:41.19	<b>11-12 50 Breast</b>	:39.00	:43.99	16
17	1:16.10	1:24.09	<b>13-14 100 Breast</b>	1:15.80	1:25.39	18
19	1:22.00	1:30.19	<b>10-U 100 I.M.</b>	1:25.70	1:36.49	20
21	1:11.70	1:18.29	<b>11-12 100 I.M.</b>	1:14.00	1:22.99	22
23	5:08.50	5:56.79	<b>14-U 400 I.M.</b>	5:10.40	6:34.69	24

**SILVER STATE SESSION 2  
SATURDAY'S EVENTS**

Warm-up 7:45 am

Start 9:10 am

Women's	Maximum	Minimum	Event	Maximum	Minimum	Men's
25	2:58.20	3:20.89	<b>10-U 200 I.M.</b>	3:04.80	3:35.69	26
27	2:33.00	2:48.39	<b>11-12 200 I.M.</b>	2:39.60	3:02.59	28
29	2:23.50	2:37.19	<b>13-14 200 I.M.</b>	2:20.50	2:39.29	30
31	1:30.30	1:45.29	<b>10-U 100 Fly</b>	1:38.70	2:03.89	32
33	1:12.80	1:22.59	<b>11-12 100 Fly</b>	1:17.10	1:34.49	34
35	2:33.70	3:10.29	<b>14-U 200 Fly</b>	2:42.80	3:20.29	36
37	:38.40	:41.79	<b>10-U 50 Back</b>	:40.10	:44.69	38
39	:33.30	:36.29	<b>11-12 50 Back</b>	:34.60	:38.89	40
41	1:07.00	1:13.49	<b>13-14 100 Back</b>	1:06.00	1:14.29	42
43	1:10.20	1:18.89	<b>10-U 100 Free</b>	1:12.40	1:23.09	44
45	1:02.10	1:06.99	<b>11-12 100 Free</b>	1:03.60	1:12.19	46
47	:57.90	1:03.19	<b>13-14 100 Free</b>	:56.30	1:02.99	48

**SILVER STATE SESSION 3  
SUNDAY'S EVENTS**

Warm-up 7:45 am

Start 9:10 am

Women's	Maximum	Minimum	Event	Maximum	Minimum	Men's
49	:32.00	:35.19	<b>10-U 50 Free</b>	:32.60	:36.79	50
51	:28.40	:30.49	<b>11-12 50 Free</b>	:28.90	:32.29	52
53	:26.70	:29.09	<b>13-14 50 Free</b>	:25.90	:28.79	54
55	1:34.80	1:44.89	<b>10-U 100 Breast</b>	1:39.00	1:52.49	56
57	1:21.90	1:29.59	<b>11-12 100 Breast</b>	1:26.20	1:37.89	58
59	2:42.90	3:04.19	<b>14-U 200 Breast</b>	2:44.90	3:07.49	60
61	:36.80	:41.99	<b>10-U 50 Fly</b>	:38.70	:44.99	62
63	:31.60	:35.29	<b>11-12 50 Fly</b>	:32.60	:38.19	64
65	1:06.40	1:15.19	<b>13-14 100 Fly</b>	1:05.60	1:15.49	66
67	6:05.90	6:58.09	<b>12-U 500 Free</b>	6:22.20	7:42.09	68
69	5:37.20	6:21.39	<b>13-14 500 Free</b>	5:38.60	6:36.39	70

# CHECK LIST FOR THE COLORADO SHORT COURSE 14 & UNDER SILVER STATE MEET

This checklist is to help you with your entries. Have someone on your team double check for accuracy. This checklist must be signed by the coach and returned with the entries.

- \_\_\_\_\_ 1. All entries have been checked for accuracy. Swimmers name, team, USA Swimming number, time, age and event numbers are correct.
  
- \_\_\_\_\_ 2. All times are submitted in time swam. NO CONVERSIONS.
  
- \_\_\_\_\_ 3. Entry fees have been sent with entries and checked for accuracy.
  
- \_\_\_\_\_ 4. The CSI Meet Verification Form has been sent with the entries.
  
- \_\_\_\_\_ 5. The coaches' name and a phone number where he/she may be reached is included with the entries.

\_\_\_\_\_  
Coaches signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Coaches Name

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
E-Mail

***COLORADO SWIMMING, INC***  
***MEET VERIFICATION FORM***

Club Name \_\_\_\_\_ Club Code \_\_\_\_\_

Coaches Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

E-mail address \_\_\_\_\_



I hereby certify that all swimmers and coaches listed on the CSI Master Entry Sheet or hard copy with disk/email entries for

\_\_\_\_\_ (Name of Meet)

to be held on \_\_\_\_\_ are current registered  
(Date)

members of Colorado Swimming/USA Swimming. All USA numbers are listed correctly and unless otherwise noted are not required to swim unattached due to the 120 day transfer rule.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature may not be photocopied)

Article 302.4 of the USA Swimming Rules and Regulations

**False Registration** – An LSC may impose a fine of up to \$100.00 per event against a member coach or a member club representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.



### INSTRUCTIONS

Print this page.

Ensure that permit side is facing out when placed on dashboard or hung on rear view mirror.

Access to Lot 108 is off of Buchtel, just east of University. To access El Pomar Natatorium, walk along Buchtel to the north entrance of the Ritchie Center. Proceed up the stairs past the ticket office onto the concourse. Access to the pool will be through the concourse doors on the second level.



**RITCHIE  
CENTER**  
UNIVERSITY OF DENVER

**SILVER/SENIOR  
STATE  
SWIM MEET**

**VALID ONLY:**

**LOT 108  
FEBRUARY 26-28, 2010**

### **Event Parking Permit Restrictions**

#### **Please Read Carefully**

1. This permit is for EVENT PARKING on the day of your athletic event, concert, and event at the Ritchie Center.
2. This permits **MUST** be displayed (on rear view mirror, facing out) at **ALL** times while on University property.
3. This permit is only valid in the designated event space.
4. Parking in driveways, walkways, fire lanes, unauthorized areas, or no parking zones is prohibited. Violators are subject to ticketing and towing.
5. Possession/display of this permit **DOES NOT** ensure availability of a parking space, but grants the privilege of parking in a specified area when space is available.
6. People/vehicles violating any of the University's parking regulations are subject to citations & the assessment of fines.
7. The University of Denver (Colorado Seminary) hereby declares itself **NOT** responsible for and assumes no liability arising from fire, theft, damage to or loss of vehicle, or any article left therein.
8. Acceptance of this permit constitutes acknowledgment by the permit holder that he/she has read & agrees to the above provisions.

**Ritchie Center (303) 871-7588**