

82nd ANNUAL OHIO VALLEY CHAMPIONSHIPS

JUNE 10-12, 2010

SANCTION#: Pending

SITE: LAKESIDE SWIM CLUB, 2010 TREVILIAN WAY, LOUISVILLE, KY 40205.

FACILITY:

The famous "LAKE" contains a 50-meter course, with ten seven-foot wide lanes and a minimum eight-foot depth throughout. The course is equipped with Competitor lane lines, custom designed starting blocks and Colorado timing system with scoreboard.

IMPORTANT NOTE:

The Lakeside Swim Club absolutely prohibits glass, cans and alcoholic beverages on the property. Also, a special entrance will be marked for swimmers and spectators at the club entrance. Buses are not permitted to park in the yellow zone in front of the club. We suggest that buses unload and then return to the team hotel. Access to the front concession area, restrooms and membership area will be controlled. Thank you in advance for your cooperation.

TYPE OF MEET:

Senior and Age Group Time Standard Meet. Preliminary and Finals Meet for 13-14 and Senior Divisions, and Timed Finals Meet for 10-under and 11-12 groups. There will be Consolation heats for Senior and 13-14 events.

TIME STANDARDS:

This meet has the following qualifying time standards;

<http://www.usaswimming.org/USASWeb/Rainbow/Documents/615cb613-530e-4dfc-abfc-8e6926773ac5/2012MotivationalTimes-Top16.pdf>

2009-2012 National Age Group Motivational Times 10-under & 11-12 National "A", 13-14 National "AA" and 15-over National 15-16 "AAA"

SCORING:

Senior/13-14 - Individual: 24,21,20,19,18,17,16,15,14,13,11,9,8,7,6,5,4,3,2,1

Senior/13-14 - Relays: 48,42,40,38,36,34,32,30,28,26

Age Group 11-12 & 10 U Individual: 24,21,20,19,18,17,16,15,14,13

Age Group Relays 11-12 & 10 U: 48,42,40,38,36,34,32,30,28,26

AWARDS:

Senior & 13-14: No Awards

11-12 & 10 U: Trophies will be awarded for 1st, 2nd, & 3rd. Ribbons for 4th-10th in all events

Visiting Team: 1st-\$350.00 Travel Fund Contribution

2nd-\$250 Travel Fund Contribution

3rd-\$150 Travel Fund Contribution

Please have swimmers pick up awards: None will be mailed.

ELIGIBILITY:

Swimmers must be USA Swimming registered athletes. Age of swimmer on June 11th, 2009 will determine the age for this meet.

COACHES MEETING:

There will be a coaches meeting 15 minutes before the start of the Thursday morning session

ENTRY LIMIT:

This meet will be limited to **300 Non-Lakeside** swimmers, 200 in the 13-14 and Senior Events, and 100 in the 10-under and 11-12 events. Swimmers should only enter those events for which they have qualified. Senior and 13-14 swimmers may enter four (4), but compete in no more than three (3), individual events per day. 12 and under swimmers may enter and compete in no more than three (3) individual events per day

The following events may be limited in the following manner:

1500 Free 3 Heats (fastest 30 swimmers)

800 Free 4 Heats (fastest 40 swimmers)

400 Free/400 I.M. 6 Heats (fastest 60 swimmers)

No entry fee refund for swimmers not making the event.

PROOF OF TIME: *If Meet Director deems necessary

Proof of Time for events 400 meters and longer shall be required for all swimmers not achieving the Standard Time. Failure to prove the Swimmers ENTRY TIME shall result in the disqualification of the Swimmers next individual event, Prelims or Finals, in which he/she is scheduled to compete. Inability to provide Proof will result in that swimmer being scratched, and proof of all that Entries of 400 meters and longer to be required. Proof of time shall be meet results in which the swimmer achieved his/her ENTRY TIME.

SCRATCH & CHECK-IN PROCEDURES:

All swimmers in the following events must check in with the Clerk of Course by the following deadlines. Failure to check in for that event will result in the swimmer being scratched

#3-4	Senior 400 I.M.	7:30 am	Thursday
#19-20	Senior 1500 Free	10:00 am	Thursday
#21-22	Senior 400 Free	7:30 am	Friday
#23-24	13-14 400 Free	7:30 am	Friday
#79-80	Senior 800 Free	7:30 am	Saturday

- For swimmers not making the entry limit in the above events, the event shall be considered a scratched.
- All 13-14 and Senior relays must be checked in 30 minutes before the start of each morning session.
- There is no check in for any other events.
- Swimmers who enter 4 events must scratch one event with the Clerk of Course by the following deadlines.

<u>Session</u>	<u>Scratch Time</u>	<u>Scratch Day</u>
Thursday Prelims	7:30 am	Thursday
Friday Prelims	7:30 am	Friday
Saturday prelims	2:30 pm	Friday

- Swimmers who do not scratch their 4th event by the deadlines will have their highest numbered event scratched.
- Swimmers who wish to scratch any event in the prelims are requested to notify the Clerk of Course by the appropriate deadline.

Events Seeded on the Deck

Swimmers entered in an individual event that is seeded on the deck, in whole or in part, who have checked in for that event, must swim in the event unless they notify the clerk of course before the seeding for that event has begun, that they wish to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmers being barred from the next individual event in which they are entered on that day or the next meet day, whichever is first. Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the event.

Scratching from Consolation Finals and Championship Finals

1. Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet. (Referee discretion exception for failure to compete)

2. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

- **There are no refunds for scratch events**

ENTRY FEES:

Individual Events- \$4.50 each; deck entries-\$9.00. Relays- \$10.00 each; deck entries \$15.00. Swimmer Surcharge-\$4.50 per swimmer; \$1.50 of which goes to the Kentucky LSC.

ENTRY DEADLINE:

Entries will not be accepted prior to 8:00 am April 26, 2010 or after May 13, 2010. Teams must have their entry in the Seahawk team office by 5:00pm on May 13th or it will not be accepted. Only entries **mailed** with a check and the release form will be accepted, no hand deliveries will be accepted. Teams will be advised if they are entered in the meet by May 14th, 2010.

- Additional swimmers will not be accepted. Please make sure your entry is complete. We will accept corrections to entry times until Monday, June 8th 5:00 pm EDT.
- If you need more information, please call the Meet Director David Mercke (502) 893-8431 or e-mail to: dmercke@aol.com

ELECTRONIC ENTRIES:

Entries must be submitted electronically (Hy-Tek or SDIF). Handwritten, telephone or fax entries will not be accepted. If the USSID for any swimmer is omitted that swimmer's entries will not be accepted.

- Note: If your team does not use Hy-Tek's Team Manager or equivalent, then WinTM II Lite, downloadable free of charge from Hy-Tek's web site, should be used to prepare your entries.
- Teams may enter by email a commlink and zip file should be emailed to the Lakeside swim office at: deboor@lakesideseahawks.org Entries sent by email must be received by May 14th 5:00 p.m.
- **All entry times should be in Long Course Meters.**
- Make checks payable to Lakeside swim Team, and mail with the entry and release form to:
82nd Ohio Valley Championships
C/O Entry Chairman
1928 Woodbourne Ave
Louisville, KY 40205

WARM UP & START TIMES:

THURSDAY, FRIDAY & SATURDAY MORNING PRELIMS

Warm-ups: 7:00am Meet: 8:00am

THURSDAY & FRIDAY NIGHT FINALS

Warm-ups: 5:30pm Meet: 6:30pm

SATURDAY NIGHT FINALS

Warm-ups 4:30pm Meet 5:30pm

12 & UNDER WARM-UP SESSION

THURSDAY AFTERNOON warm-ups approx. 1:30

FRIDAY AFTERNOON warm-ups approx. 12:00

SATURDAY AFTERNOON warm-ups approx. 1:00

WARM UP TIME ON WEDNESDAY:

Teams wishing to warm-up on Wednesday afternoon must contact the team office (502) 451-4333, to schedule pool time. Entrance will not be permitted to any team or participant who does not make such arrangements. The 50-meter lanes will be available for warm up between 4:00 pm and 8:30 pm.

TIMED FINAL EVENTS:

The 1500 Free will be swum at the end of Thursday morning session. The 800 Free will be swum on Saturday as the last event of the morning session. **Both events will be swum fastest to slowest, alternating women and men's heats.**

- Each entrant in the 1500 & 800 Free will be required to furnish one timer and a counter for his/her heat and lane.
- The fastest heat of 13-14/Senior relays will be swum in finals
- All events in the afternoon sessions are timed finals.

DECK ENTRIES:

Deck entries will be accepted at the discretion of the Meet Referee.

CLERK OF COURSE:

This will be a pre-seeded meet. Clerk of course will be open for check in and for swimmers to scratch from their events. Failure to do so will count as an event swum.

COACHES CERTIFICATION:

It is required that coach's display USA coaches certification at all times while on deck and for admission to the meet

SPECTATOR ADMISSION:

Three Day Pass \$18.00 Single Day Pass \$7.00 Single Day Finals Pass \$5.00

MEETDIRECTOR: David Mercke (502) 893-8431 dmercke@aol.com

PLEASE NOTE:

Within the spirit of competition there are infrequent occasions when the conduct of a competitor is questionable. It will be the responsibility of coaches, assistants, and/or team chaperones to monitor competitors' activities during the conduct of the swim meet. Instances involving the destruction of property, abuse of meet workers, theft, or any other behavior deemed by the Referee or Lakeside Swim Club personnel to be detrimental to the conduct of the swim meet may be grounds for dismissal from the meet.

COMPLIMENTARY COACHES LUNCH:

The Lakeside Swim Team Parents are hosting a lunch each day for the coaches in the trophy room on the second floor of the Eckard Building. Stop by each day between 11:30 am and 2:00 pm to have lunch relax and get out of the sun.

OFFICIALS & TIMERS:

The Lakeside Seahawks welcome the assistance of any visiting parent who would like to serve as an official or timer. Please contact Sherry Dourghty @sherryd423@aol.com

82nd OHIO VALLEY CHAMPIONSHIPS ORDER OF EVENTS

THURSDAY MORNING SESSION

EV#	GIRLS	EVENT DESCRIPTION	BOYS	EV#
1		Open 200 Medley Relay**		2
3		Open 400 Ind. Medley		4
5		13-14 200 Free		6
7		Open 200 Free		8
9		13-14 100 Breast		10
11		Open 100 Breast		12
13		13-14 100 Fly		14
15		Open 100 Fly		16
17		Open 200 free Relay**		18
19		Open 1500 Free		20

**TIMED FINAL EVENTS, FASTEST HEAT WILL BE SWUM IN THE FINALS

THURSDAY AFTERNOON SESSION

21		10-Under 50 Fly		22
23		11-12 50 Fly		24
25		10-Under 50 Back		26
27		11-12 50 Back		28
29		10-Under 50 Breast		30
31		11-12 50 Breast		32
33		10-Under 50 Free		34
35		11-12 50 Free		36
37		10-Under 200 Free Relay		38
39		11-12 200 Free Relay		40

FRIDAY MORNING SESSION

41		13-14 400 Free		42
43		Open 400 Free		44
45		13-14 200 Breast		46
47		Open 200 Breast		48
49		13-14 50 Free		50
51		Open 50 Free		52
53		13-14 100 Back		54
55		Open 100 Back		56
57		13-14 400 Medley Relay**		58
59		Open 400 Medley Relay**		60

FRIDAY AFTERNOON SESSION

61		11-12 200 Free		62
63		10-Under 200 Free		64
65		11-12 100 Fly		66
67		10-Under 100 Fly		68
69		11-12 100 Breast		70
71		10-Under 100 Breast		72
73		11-12 200 Medley Relay		74
75		10-Under 200 Medley Relay		76

SATURDAY MORNING SESSION

77	13-14 200 Back	78
79	Open 200 Back	80
81	13-14 100 Free	82
83	Open 100 Free	84
85	13-14 200 I.M.	86
87	Open 200 I.M.	88
89	13-14 200 Fly	90
91	Open 200 Fly	92
93	13-14 400 free relay**	94
95	Open 400 free Relay**	96
97	Open 800 Free*	98

*TIMED FINAL EVENT

**FASTEST HEAT WILL BE SWUM IN THE FINALS

SATURDAY AFTERNOON SESSION

99	11-12 100 Free	100
101	10-Under 100 Free	102
103	11-12 200 IM	104
105	10-Under 200 IM	106
107	11-12 100 Back	108
109	10-Under 100 Back	110
111	11-12 400 Free	112

WAIVER & ENTRY SUMMARY SHEET

WAIVER: In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release and all claims against Seahawks, the lakeside Corporation and their staff, for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/WE are bonafide members of United States Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I/we have entered.

SIGNATURE _____ TITLE _____

TEAM _____ CODE _____

TEAM ADDRESS _____

CITY _____ ZIPCODE _____

PHONE _____ COACH _____

RECAP OF ENTRIES:

___ Individual events x \$4.50/\$9.00 each = _____

___ Relays x \$10.00/\$15.00 each = _____

___ Swimmers x \$4.50 Swimmer Surcharge Fee = _____

TOTAL DUE \$ _____

Make checks payable to Lakeside swim Team and mail entry & release form to:

82nd Ohio Valley Championships
C/o Entry Chairman
1928 Woodbourne Ave
Louisville, KY 40205

Mail Results To: _____

