

# FAST 2010 Summer Travel Meet

## Preliminary Information

The following document outlines the preliminary plans for this summer's FAST travel meet to Omaha, Nebraska. The hope is that the trip will cost roughly the same as it did last year which was between \$250 and \$290 per swimmer depending on the age of the swimmer. The trip includes: a t-shirt, transportation, hotel accommodations, meet entry fees, zoo admittance, water park admittance, dinner Thursday, and three meals Friday, Saturday and Sunday. If you have questions about the trip, or you are interested in a chaperone or team leader (for swimmers) position, please contact Scott Petrilla at [s.petrilla@gmail.com](mailto:s.petrilla@gmail.com). If you believe you will be attending the trip, please contact Scott, so an initial estimate on the number of swimmers attending can be determined. An "official" meet sign up document will be distributed once more of the trip details have been finalized.

- **NOTE: The FAST board voted unanimously that 10&U swimmers **MUST** be accompanied by a parent or guardian on the Omaha trip. 10&U swimmers will be required to stay in the rooms of their parent/guardian, but they will travel on the team bus.**

<b>Trip Basics</b>	
<b>Dates</b>	Thursday June 10 <sup>th</sup> through Sunday June 13 <sup>th</sup>
<b>Destination</b>	Omaha, Nebraska
<b>Pool</b>	The meet is currently scheduled to be held indoors at the University of Nebraska at Omaha's pool. There is some concern UNO's pool will be closed for maintenance in June, so a backup pool has been secured. The backup facility is an outdoor facility called Hitchcock Pool.
<b>Transportation</b>	All swimmers traveling to Omaha will be riding motor coach style buses.
<b>Accommodations</b>	The team has a block for rooms at the Holiday Inn Convention Center on 72 <sup>nd</sup> Street. The Holiday Inn has a daily fee water park associated with it. The team accommodations include a pass to the water park for Saturday evening for each swimmer. The hotel is less than 10 minutes drive time from either pool location. You can view the hotel at the following link: <a href="http://www.ichotelsgroup.com/h/d/hi/1/en/hotel/omane?stopredirect=true">http://www.ichotelsgroup.com/h/d/hi/1/en/hotel/omane?stopredirect=true</a>
<b>Meet Format</b>	Friday evening, both boys and girls swim. On Saturday and Sunday, the girls swim in the morning, and the boys swim in the afternoon.
<b>Cost</b>	Initial estimates are between \$250 and \$290 dollars.

<b>Adult Chaperones</b>	FAST is looking for FOUR adult chaperones. The chaperones will travel on the buses with the swimmers, and their accommodations will be paid for by FAST. If you are interested in working as a chaperone, please contact Scott Petrilla.
<b>Team Leaders</b>	Swimmers aged 13&U can apply to be "team leaders." Swimmers selected to these positions will be assigned groups of 12&U swimmers to mentor throughout the travel meet. Team leaders will make sure the members of their team arrive at the bus in a timely fashion, make it to all meals, swim all their events, and in general have a fantastic time. If you would like to be a team leader, please contact Scott Petrilla.

## Rough Itinerary

<b>Thursday</b>	10:00 AM	Depart from Epic parking lot. Swimmers should bring a sack lunch to eat on the bus. The only full meal provided on Thursday will be dinner.
<b>Thursday</b>	Between 4:00 PM and 7:00PM	FAST is trying to find a pool in Kearney (possibly the University of Nebraska at Kearney pool) where the kids can have a short swim practice and then have a picnic style dinner.
<b>Thursday</b>	9:00 PM	Arrive at the Omaha Holiday Inn Convention Center and prepare for "Light's Out."
<b>Friday</b>	7:00 AM	Board buses and head to Hitchcock Pool for breakfast and short, 8:00 AM, outdoor practice with host team. Breakfast will be served at the pool prior to practice.
<b>Friday</b>	10:00 AM	Field trip to Henry Doorly Zoo. The zoo in Omaha is regularly ranked as one of the finest zoos in America. Lunch will be served at the zoo. Check the zoo out at the following link: <a href="http://www.omahazoo.com/">http://www.omahazoo.com/</a>
<b>Friday</b>	4:00 PM	First session of meet.
<b>Friday</b>	7:00 PM	Team dinner at restaurant
<b>Saturday</b>	7:00 AM	Girls depart to swim meet for breakfast and warm-ups. Boys get to sleep in late.
<b>Saturday</b>	Noon	Boys depart for swim meet. Will join girls at the pool for picnic lunch.
<b>Saturday</b>	Evening	All swimmers have access to Holiday Inn Water Park:

		<a href="http://www.cocokeywaterresort.com/locations/omaha/index.aspx">http://www.cocokeywaterresort.com/locations/omaha/index.aspx</a>
<b>Sunday</b>	7:00 AM	Girls depart to swim meet for breakfast and warm-ups. Boys get to sleep in late. If there are enough swimmers to fill two buses, the girls will begin their return to Fort Collins when the morning meet session is complete.
<b>Sunday</b>	Noon	Boys depart for swim meet. Lunch will be served at the pool prior to warm-ups. When the session is complete, the boys will begin their return to Fort Collins.