

Loveland Heart of Winter

January 20th, 21st, and 22nd, 2006

HOSTED BY: Loveland Swim Club

Held under the sanction of USA Swimming # 2006-009

LOCATION: Mountain View Aquatic Center, 1500 Mountain Lion Drive, Loveland, CO 80537, 970-613-7880

Pool Directions: I-25 to Loveland. Exit HWY 34 West. Turn left (south) on to County Road 9 and right (west) on to Mountain Lion Drive. Turn left into the Mountain View High School parking lot. The swimming facility is located at the south end of the parking lot. I-25 to Loveland Exit HWY 34 West.

FACILITIES: Indoor, 25 yard pool with eight deep water lanes. Additional warm-up and warm-down lanes are available. **NO SMOKING ON SCHOOL GROUNDS.**

TIMING: Colorado Timing System with touch-pads and full matrix LED display. **Timed Finals.**

RULES: Current USA rules will apply. The meet referee will have final authority on all matters related to the meet. Coaches and parents will be responsible for the behavior and safety of their swimmers and their families. Teams will be held responsible for any damage to the school. Positive sportsman-like conduct will be expected.

ELIGIBILITY: Open to all swimmers holding a 2006 USA Swimming membership. Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. Age group will be determined by the swimmer's age on January 16th. All deck entries must present proof of current registration.

EVENTS: Swimmers may enter up to 4 Events per Day, excluding relays. **Coaches**, the longer events (200's of stroke for 12 & Under, 400 and longer events for all age groups – these events are marked with an asterisk*) are offered for swimmers experience. Please do not enter a swimmer in these events unless they have a "B" time standard in the shorter event. This meet will be pre-seeded except races 400 yards and longer that will be positive check-in. Positive check-in will be required for any events 400 yards and longer. Check-in will close 30 minutes before the start of the session in which an event will be swum. Swimmers will need to bring their own volunteer counter and timer for the distance events. The distance events may be seeded alternating girls and boy's heats, fastest to slowest. Distance events may be combined (scored separately) to reduce the number of heats. We will be following the four-hour rule and will limit the distance events (400 yards and longer) if needed. Teams will be notified at least five days in advance of any changes.

ENTRY PROCEDURE:

A. Computer disk entries, prepared using Hy-Tek software. **THIS IS THE ENTRY METHOD OF PREFERENCE.** Your team is responsible for the accuracy of the entries on the disk. Include a hard copy of your Hy-Tek Data Exchange Standard and Comm Link disk. B. Master sheets for each age group must include name, age (as of the first day of the meet), USA number, and team code. Be sure to include the coaches' name, address, and phone number, and meet verification form on the Master Entry sheets. Failure to do so may result in swimmer entered improperly. If you enter 5 or more swimmers you must enter on HY-TEK or pay a \$25 fee. We will gladly accept entries on HY-TEK along with a printout of the disk.

EVENING SESSION: FRIDAY, JANUARY 20, 2006
WARM UP 4:30 p.m. – START 5:35 p.m.

GIRLS			BOYS
1	13 & O	500 Free	2
3	12 & U	500 Free	4

MORNING SESSION: SATURDAY, JANUARY 21, 2006
WARM UP 7:30 a.m. – START 8:35 a.m.

GIRLS			BOYS
5	Open	200 Back	6
7	14 & U	200 Back	8
9	Open	100 Free	10
11	14 & U	100 Free	12
13	Open	200 Breast	14
15	14 & U	200 Breast	16
17	Open	100 Fly	18
19	14 & U	100 Fly	20
21	Open	400 IM	22
23	14 & U	400 IM	24
25	Open	200 Free Relay	26

AFTERNOON SESSION: SATURDAY, JANUARY 21, 2006
WARM UP 1:00 P.M. – START 2:05 P.M.

GIRLS			BOYS
27	12 & U	100 Free	28
29	10 & U	100 Free	30
31	8 & U	25 Free	32
33	12 & U	50 Fly	34
35	10 & U	50 Fly	36
37	8 & U	50 Fly	38
39	12 & U	100 Back	40
41	10 & U	100 Back	42
43	8 & U	25 Back	44
45	12 & U	50 Breast	46
47	10 & U	50 Breast	48
49	8 & U	50 Breast	50
51	12 & U	200 IM	52
53	10 & U	200 IM	54
55	8 & U	100 Free	56
57	12 & U*	200 Fly	58
59	8 & U	200 Free Relay	60
61	10 & U	200 Free Relay	62
63	12 & U	200 Free Relay	64

MORNING SESSION: SUNDAY, JANUARY 22, 2006
WARM UP 7:30 A.M. – START 8:35 A.M.

GIRLS			BOYS
65	Open	200 Free	66
67	14 & U	200 Free	68
69	Open	100 Breast	70
71	14 & U	100 Breast	72
73	Open	200 Fly	74
75	14 & U	200 Fly	76
77	Open	100 Back	78
79	14 & U	100 Back	80
81	Open	50 Free	82
83	14 & U	50 Free	84
85	Open	200 IM	86
87	14 & U	200 IM	88
89	Open*	1000 Free	90
91	14 & U*	1000 Free	92

AFTERNOON SESSION: SUNDAY, JANUARY 22, 2006
WARM UP 1:00 P.M. – START 2:05 P.M.

GIRLS			BOYS
93	12 & U	200 Free	95
95	10 & U	200 Free	96
97	12 & U	50 Back	98
99	10 & U	50 Back	100
101	8 & U	50 Back	102
103	12 & U	100 Breast	104
105	10 & U	100 Breast	106
107	8 & U	25 Breast	108
109	12 & U	50 Free	110
111	10 & U	50 Free	112
113	8 & U	50 Free	114
115	12 & U	100 Fly	116
117	10 & U	100 Fly	118
119	8 & U	25 Fly	120
121	12 & U	100 IM	122
123	10 & U	100 IM	124
125	8 & U	100 I.M.	126
127	12 & U*	200 Breast	128
129	8 & U	200 Medley Relay	130
131	10 & U	200 Medley Relay	132
133	12 & U	200 Medley Relay	134