

**NORTHERN COLORADO SWIMMING
WINTER DISTRICT CHAMPIONSHIPS
15 & Over, 13-14, 11-12, 9-10, 8 & U
FEBRUARY 3, 4, 5, 2006
ESTES PARK AQUATIC CENTER
ESTES PARK, COLORADO**

DATE: February 3, 4, 5, 2006

SPONSORED BY: Northern Colorado Swimming

SANCTION: Held under sanction of Colorado Swimming, Inc., of United States Swimming No. 2006-001E

LOCATION: Estes Park Aquatic Center
660 Community Drive
Estes Park, Colorado
970-586-2340

FACILITIES: Indoor 6 lane 25-yard pool with 6 lane display scoreboard.

TIMING: Electronic timing with touch pads, back-up device and manual timers on each lane.

SCHEDULE:

Friday, February 3, 2006	Warm-up 5:00 p.m. Start 6:00 p.m.
Saturday, February 4, 2006	Warm-up 7:30 AM Start 8:30 AM
Saturday February 4, 2006	Warm-up 12:30 PM Start 1:30 PM
Sunday, February 5, 2006	Warm-up 7:30 AM Start 8:30 PM
Sunday, February 5, 2006	Warm-up 12:34 PM Start 1:30 PM

RULES: Current 2006 USA rules will govern the procedure of the meet.
Age as of February 3, 2006 will determine the swimmer's age group.
In order for a swimmer to represent a team, the team must be a 2006 member of Northern Colorado Swimming and member of Colorado Swimming, Inc.
The meet is pre-seeded with timed finals in all events.
Each swimmer may swim 4 (four) events plus 1 (one) relay per day.
Individual scratch rule will be enforced during the meet.
Swimmers entered in the 500 Freestyle must provide their own counters.
Meet Referee will have final authority on all matters related to the meet.

Colorado Swimming warm-up procedures will be followed.
Coaches and officials must have current certification and display their cards at all times while on deck.

NOTE: **SWIMMERS MAY COMPETE IN THE MEET AS UNATTACHED, BUT WILL NOT BE PERMITTED TO EARN TEAM POINTS.**

ELIGIBILITY: Open to all Northern Colorado Swimming athletes holding current 2006 USA registration cards. Swimmers must be prepared to show registration if requested. **Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show their USA card or they will be deck registered before they can enter the water.**

SCORING: Individual: 16-13-12-11-10-9-7-5-4-3-2-1
Relays: 32-26-24-22-20-18-14-10-8-6-4-2
13 & over events will be scored as 13-14 and 15 and over for Individual high point awards.

ENTRY FEES: Individual Events: \$3.50 per event
Relays: \$5.00 per relay
Pool Surcharge: \$5.00 per swimmer

\$.50 of each individual entry will go toward a special travel fund for District Zone and National Qualifiers.

ENTRY PROCEDURES: **DO NOT SEND CARDS.** Submit entries on a 3-1/2" disk processed through Hy-Tek software. A printout must also accompany your disk. Otherwise, all entries must be on Master Entry Sheets. Entry sheets must be filled out completely and legibly with age, name, times and complete USA number. Be sure to include coach's name, address and phone number.

Please be sure all swimmers are entered into every event for which they signed up. Double check relays. **NO EXHIBITION SWIMMING.**

REMINDER NOTICE: **NO ENTRIES WILL BE ACCEPTED AFTER THE ENTRY DEADLINE. NO DECK SEEDED ENTRIES WILL BE ACCEPTED FOR INDIVIDUAL OR RELAY EVENTS.** PLEASE DOUBLE CHECK YOUR DISK AND YOUR PRINTOUT BEFORE SENDING.

AWARDS: Participants: Participation
Individual: Ribbons, 1st-12th place
Relays: Ribbons, 1st-3rd place
Team Awards: Larger teams, 1st, 2nd & 3rd
Smaller Teams, 1st, 2nd & 3rd

Individual High Point Awards:

1st-3rd place in each age group, Male
and Female.

8&U, 9-10, 11-12, 13-14 & 15 & Over.

DEADLINE: **ENTRIES MUST BE RECEIVED BY WEDNESDAY January
25, 2006 by 6:00 PM**

MEET DIRECTOR: Russ Franklin epswimclub@yahoo.com
MEET REFEREE: Kathleen Morris or her designee
SAFETY CHAIRMAN: Brad Doggett

ENTRY CHAIR: Linda Seckinger
5 Cherry Avenue
Eaton, CO 80615
970-454-3697
Lseckinger@aol.com

PROGRAMS: Programs will be available for \$5.00. Coaches and officials will
receive programs.

RESULTS: \$3.00 each. Meet results will be provided to each team. You
may bring a formatted 3-1/2" disk for results on HY-TEK
software.

**NOTE: THIS IS A DISTRICT SPONSORED MEET. EACH TEAM
WILL NEED TO PROVIDE TIMERS. NOTIFICATION OF
LANE ASSIGNMENTS WILL BE FAXED OR E-MAILED TO
TEAM REPRESENTATIVES BEFORE THE MEET AND WILL
BE POSTED AT THE POOL.**

**PLEASE MAKE ONE CHECK PER TEAM PAYABLE TO:
NORTHERN COLORADO SWIMMING**

COLORADO MEET VERIFICATION FORMS MUST BE RETURNED WITH ALL ENTRIES.

FRIDAY, FEBRUARY 3, 2006
WARM-UP 5:00 P.M.
START 6:00 P.M.

GIRLS	EVENT	BOYS
1	11-12 200 I. M.	2
3	13 & Over 400 I.M. (13-14, 15 & Over will be scored separately)	4

There will be a 15-minute break and warm-up time for those swimming the 500 Freestyles.

The 500's will **NOT** start before 7:30 p.m.

5	11 & over 500 Freestyle (11-12, 13-14, 15 & Over will be scored separately)	6
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SATURDAY, FEBRUARY 4, 2006

WARM-UP 7:30 A.M.

START 8:30 A.M.

GIRLS	EVENT	BOYS
7	8&U 100 MEDLEY RELAY	8
9	10&U 200 MEDLEY RELAY	10
11	12&U 200 MEDLEY RELAY	
13	8&U 50 BACK	14
15	9-10 100 BACK	16
17	11-12 100 BACK	
19	8&U 25 FREE	20
21	9-10 50 FREE	22
23	11-12 50 FREE	
25	8&U 50 BREAST	26
27	9-10 100 BREAST	28
29	11-12 50 BREAST	
31	8&U 25 FLY	32
33	9-10 50 FLY	34
35	11-12 100 FLY	
37	8&U 100 FREE	38
39	9-10 200 FREE	40
41	11-12 100 FREE	
43	9-10 200 I.M.	44

SATURDAY FEBRUARY 4, 2006

WARM-UP 12:30 P.M.

START 1:30 P.M.

	12&U 200 MEDLEY RELAY	46
47	14&U 400 MEDLEY RELAY	48
49	SENIOR 400 MEDLEY RELAY	50
	11-12 100 BACK	52
53	13 & OVER 200 BACK	54
	11-12 50 FREE	56
57	13 & OVER 50 FREE	58
	11-12 100 FLY	60
61	13 & OVER 200 FLY	62
	11-12 50 BREAST	64
65	13 & OVER 100 BREAST	66
	11-12 100 FREE	68
69	13 & OVER 100 FREE	70

13 & Over events will be scored as 13-14 and 15 & Over for Individual High Point Awards.

SUNDAY, FEBRUARY 5, 2006

WARM-UP 7:30 A.M.

START 8:30 A.M.

GIRLS	EVENT	BOYS
71	8&U 100 FREE RELAY	72
73	10&U 200 FREE RELAY	74
75	12&U 200 FREE REALY	
77	8&U 25 BACK	78
79	9-10 50 BACK	80
81	11-12 50 BACK	
83	8&U 25 BREAST	84
85	9-10 50 BREAST	86
87	11-12 100 BREAST	
89	8&U 50 FLY	90
91	9-10 100 FLY	92
93	11-12 50 FLY	
95	8&U 50 FREE	96
97	9-10 100 FREE	98
99	11-12 200 FREE	
101	8&U 100 I.M.	102
103	9-10 100 I.M.	104
105	11-12 100 I.M.	

SUNDAY, FEBRUARY 5, 2006

WARM-UP 12:30 P.M.

START 1:30 P.M.

	12&U 200 FREESTYLE RELAY	108
109	14&U 400 FREESTYLE RELAY	110
111	SENIOR 400 FREESTYLE RELAY	112
	11-12 50 BACK	114
115	13 & OVER 100 BACK	116
	11-12 100 BREAST	118
119	13 & OVER 200 BREAST	120
	11-12 50 FLY	122
123	13 & OVER 100 FLY	124
	11-12 200 FREE	126
127	13 & OVER 200 FREE	128
	11-12 100 I.M.	130
131	13 & OVER 200 I.M.	132

13 & Over events will be scored as 13-14 and 15 & Over for Individual High Point Awards.