



Fort Collins Area Swim Team

World Class Character through Excellence in Swimming

LOCKER ROOM POLICY

PURPOSE: The following policy is designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

FAST athletes must follow both host pool's rules for locker room usage as well as FAST's Locker Room Policies.

FACILITIES: FAST's primary facility is Edora Pool Ice Center (EPIC). All locker rooms at Edora Pool and Ice Center (EPIC) are open to the general public during practices, which of course includes children and adults who are not affiliated with FAST. EPIC also offers private family changing rooms where a parent can take his/her young children to change before or after practice.

Collindale Neighborhood Pool and Timnath Ranch Neighborhood Pool: Additional facilities used in the warmer months. One male locker room with bathrooms and one female locker room with bathrooms are offered at location.

All FAST team members must comply with Safe Sport Locker Room Policies which come directly from the Minor Athlete Abuse Protection Policy (MAAPP) guidelines for changing rooms.

TEAM EXPECTATIONS ON RESPECT AND BEHAVIOR:

- 'Hanging out' is not permitted. The locker room is for toileting, changing, and showering. Showers are available.
- Respect other teammates and other members of the public.
- Respect others' property as well as the entire locker room and shower facilities.
- Athletes must understand that locker room access is a privilege.

SUIT ASSISTANCE: If an athlete needs assistance with his or her suit, such as a child under eight or an athlete whose disability warrants assistance, family changing rooms should be used. If the family changing room is unavailable, the same-sex parent must notify a FAST Coach in advance that they will be entering the locker room temporarily to provide assistance.

USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES: Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras, increase the risk for different forms of misconduct in locker rooms and changing areas. As per the USA Swimming Minor Athlete Abuse Prevention Policy (Effective September 1, 2021): Locker Rooms and Changing Areas: IV: Use of any device's (including a cell phone's) recording capabilities,

including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a Minor Athlete or an Adult Participant is prohibited. Therefore, FAST's Locker Room Policy strictly prohibits the use of such devices in all locker rooms and family changing rooms.

SWEEPS: EPIC maintains the right to conduct random safety and cleaning sweeps done by lifeguards.

FAST Coaches and employees do not enter a locker room in which minor athletes are present unless there is an emergency. In an emergency, a FAST Coach or employee should be accompanied by another adult when entering the locker room. All will attempt for both individuals to be of the same gender as designated by the locker room, but sometimes that is not possible and the emergency will overrule.

MEETS: When FAST hosts a swim meet at EPIC, signs will be posted that direct athletes to use athlete specific locker rooms off the pool deck. Family changing rooms off the pool deck are only to be used for coaches, officials, and meet volunteers. Athletes are not to use the bathrooms off the ice rink lobby area.

While FAST will not post locker room monitors inside or at the doors of the locker rooms and family changing areas, lifeguards do make occasional sweeps of these areas.

REPORTING: Locker room misconduct is reported in several ways:

- by an athlete who was present and observed the misconduct
- by a parent/guardian whose athlete mentioned the misconduct to the parent/guardian
- by a member of the public who was present in the locker room and identified the participants as FAST athletes
- lifeguards making safety/cleaning sweeps of the locker rooms

The reports most often go directly to a coach or a lifeguard where the misconduct occurred but are sometimes directed through a parent representative on the FAST Board of Directors. The athlete's coach will document the incident and then discuss the misconduct with the athlete and his/her parents/guardians. Repeated misconduct by the athlete may result in suspension of the athlete's locker room privileges for a period of time determined by the athlete's coach. If the misconduct is widespread in a given practice group, a group meeting will be held to discuss locker room expectations. If there is no significant improvement in behavior, the entire group's locker room privileges may be revoked. Coach and/or FAST Board of Directors reserve the right to use the FAST's Disciplinary Code and Procedure if necessary.

Please note failure to comply with FAST's Locker Room Policy will result in disciplinary action that may include suspension and/or expulsion from FAST programming and membership.

Remember, the USA Swimming Minor Athlete Abuse Protection Policy (MAAPP) applies to Applicable Adults, not to members of the general public. Applicable Adults are adults who meet any of the four criteria below:

- All USA Swimming non-athlete members (coaches, officials, chaperones, etc.) and adult athlete members 18 years or older
- Participating non-member (safety marshals, timers, and other meet volunteers)
- LSC and club adult staff and board members
- Any other adult authorized to have regular contact with or authority over a minor athlete

Additional MAAPP Guidelines can be found here:

https://websitedevsa.blob.core.windows.net/sitefinity/docs/default-source/safe-sportdocuments/maapp_2.0/lockerroomsandchangingareas.pdf

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